



NEOGSCON 2015



26th North-Eastern Obstetrician & Gynaecologists' Convention 2015

27- 29th November 2015

Organized by

Gangtok Obstetrics & Gynaecological Society

Under the aegis of

Federation of Obstetrics & Gynecological Societies of India

Venue: Sikkim Manipal Institute of Medical Sciences (SMIMS)

Gangtok, Sikkim, India

For details log on to www.gangtokogs.org



NEOGSCON 2015



Dear Colleagues,

Warm Greetings from Sikkim!

On behalf of the Gangtok Obstetrics & Gynaecological Society, It gives us great honour and privilege to extend warm invitation to you to the 26th North-eastern Obstetrician & Gynaecologists Convention (NEOGSCON) being held from 27th -29th November 2015 in the paradise in this earth ! i.e. Gangtok, the capital city of Sikkim State, India.

We are proud to inform you that 26th NEOGSCON is being held as FOGSI calendar event.

Scientific deliberations will be one of the most important facets of the convention. The workshops and scientific programmes has been planned keeping in mind the interest of the beginners and experts.

This innovative educational forum will enable you to learn unique approaches to best care practice in women's health care and establish new professional contacts among the National and International experts in the field.

Apart from the academic feast, we promise to make this conference a memorable event. Gangtok has many worth seeing places in and around the city. In the month of November, the climate of Gangtok will be very pleasant and we will try to make the conference comfortable and enjoyable for everyone.

Looking forward to welcome you all in this paradise on earth, Sikkim, full of happiness, peace and love.

With warm wishes and sincere regards.



Dr R.N Deokota
Organizing Chairman



Dr G.S Joneja
Organizing co-Chairman



Dr Hafizur Rahman
Organizing Secretary

FOGSI Office bearers 2015



President	Dr Prakash Trivedi
Vice Presidents	Dr Sarita Agrawal, Dr Anupam Gupta, Dr Rekha Kurian, Dr Sujata Misra, Dr Uday Thanawala
Immediate Past President	Dr Suchitra N Pandit
President Elect	Dr Alka Kriplani
Secretary General	Dr Hrishikesh D Pai
Deputy secretary General	Dr Jaydeep Tank
Treasurer	Dr Madhuri Patel
Jt Secretary	Dr Bipin M Pandit
Jt Treasurer	Dr Suvarna Khadikar

26th NEOGSCON Organizing Committee

Patron	Dr K Bhandari Brig (Retd) S.N Mishra
Advisory Board	Dr K.B Gurung Dr Kanwarjit Singh Prof G.C Das Dr Uma Pradhan
Organizing Chairman	Dr Ritu Nath Deokota
Organizing co-Chairman	Dr G.S Joneja
Chairperson Reception	Prof B.K Kanungo Dr Kanti Sharma
Organizing Secretary	Dr Hafizur Rahman
Joint Organizing secretary	Dr Paras Mani Karki Dr Rohini Thakur
Treasurer	Dr Annet Thatal
Registration Committee	Dr Neeti Nepal (Convener), Dr Chungden Lepcha, Dr Deepika Pradhan, Dr Rishika Raj, Dr Annet Thatal, Dr Shreya Yadav
Venue, Trade & Exhibition	Dr Anup Pradhan (Convener), Dr Uttam Kharka, Dr Anup Kharel, Dr M P Sharma, Dr JB Gurung, Dr Vibha Joshi
Reception Committee	Dr Latha Kharka (Convener), Dr Ranjeeta Khati, Dr Tuki Doma Bhutia, Dr Golay Paden Bhutia, Dr Priya Singh, Dr Ambika Rai, Dr Megha S Chadha
Workshop Committee	Dr Anup Pradhan, Dr Neeti Nepal (Infertility & ART) Dr Latha Kharka (Endoscopy) Dr Rohini Thakur (Practical Obstetrics Skill)
Tour, Transport, Accommodation	Dr Paras Mani Karki (Convener), Dr Sangey Pelzang, Dr JB Gurung, Dr Anup Kharel, Dr MP Sharma, Dr Nikhil Sebastian
Scientific Committee	Dr Hafizur Rahman(Convener), Dr Rohini Thakur, Dr Annet Thatal, Dr Shreya Yadav, Dr Nikhil Sebastian, S Bicky Singh
Media and Public Relations	Dr R N Deokota (Convener), Dr Paras Mani Karki, Dr Sangey Pelzang, Dr Chungden Lepcha, Dr Rebecca Lama
Free Paper, Poster and Quiz	Dr Chimi Palmu Theeng(Convener), Dr Annet Thatal, Dr Mani Gurung, Dr Ambika Rai, Dr Shreya Yadav
Food Committee	Dr Latha Kharka, Dr Neeti Nepal, Dr Vibha Joshi, Dr Golay Paden Bhutia, Dr Priya Singh, Dr Megha S Chadha

Contact us

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Conference Highlights

- Three Pre-congress workshops- Gynaecological endoscopic surgery, Infertility & ART, and Practical Obstetric Skill enhancing workshops.
- Two orations
- Intercollegiate Postgraduate Quiz on "Pregnancy in High-risk mothers"
- Keynote addresses
- Symposium
- Oral and poster presentation competition
- Participation of eminent national and international faculty

Workshops

Date: 27th November (Friday) 8AM-2:00 PM

Conference

Dates: 27th November (Friday) 3:00 PM-6:00 PM

28th & 29th November (Saturday & Sunday) 8:30 AM-6:00 PM

Venue: Sikkim Manipal Institute of Medical Sciences auditorium

Highlights of Scientific deliberations

- Urogynaecology-optimizing management strategies
- Management of adolescent who bleed too much
- Safe peritoneal entry in Gynaecologic endoscopic surgery
- Fertility enhancing hysteroscopic surgery
- Chronic pelvic pain-what can we do?
- Abnormal cervical smears-management strategies
- Non invasive prenatal diagnosis-where do we stand?
- Averting catastrophies in pre-eclampsia
- Road to elimination of vertical transfer of HIV from mother to child
- Use and abuse of oxytocin in labour room
- Pain management in labour in low resource setting
- Newer innovative in caesarean section
- Pregnancy-specific dermatoses: what obstetricians need to know
- Management of headache in pregnancy
- Rising rate and Maternal request on caesarean section a cause for concern? What can we do?

ABSTRACT submission for oral and poster presentation

- Abstract should present new research, clinically relevant data, prevalence studies and interesting case scenarios.
- Only registered delegates and postgraduate student can submit abstract.
- Maximum two submission per author is allowed of which one should be for oral presentation and one for poster presentation
- Maximum time allowed for oral presentation is 8 minutes for presentation and 2 minutes for discussion
- All oral and poster presentations will be considered for awards.
- All presentations and abstract must be in English
- Abstract should be submitted in Microsoft office word format, typed using Times New Roman font size 12.
- Abstract should be preceded by Title of the abstract, Authors name, affiliations of all authors. Name of the presenting author must be underlined.
- Maximum number of words allowed per abstract is 500 (excluding Authors name, affiliations and title of abstract).
- For original research article abstract should be under the headings Background, Objectives, Methods, Results and Conclusion
- For case studies abstracted should be structured as- Background, Case history and conclusion/clinical relevance. In original research article results have to be submitted with abstract.
- No reference, tables, figures and graphs should be submitted with abstract.

Important dates

- Abstract submission opens-1st June 2015
- Abstract submission deadline-31st October 2015
- Author registration deadline-31st October 2015
- Early bird registration deadline-15th October 2015
- Registration opens-1st May 2015

Venue of Conference

Sikkim Manipal Institute of Medical Sciences (SMIMS) SMIMS located at Gangtok, is a constituent MEDICAL college of the Sikkim Manipal University (SMU).

- An auditorium with 500-700 capacity
- 5 lecture halls with 200 capacity each.
- All the halls having audio-visual projections.



CONNECTIVITY Of Gangtok

By Air - Bagdogra Airport is the nearest airport of Gangtok city and is served by regular airliners connecting all major cities of India .Limited Helicopter services are available from Bagdogra airport to Gangtok with prior reservation.

By Rail - New Jalpaiguri (NJP) is the nearest mainline rail head for Gangtok. NJP is well connected to the rest of India with round the clock rail services.

By Road - It is well connected with National Highway 31A and is about 110 kilometres away from Bagdogra and NJP. It takes approximately 3 hours drive to reach Gangtok from Bagdogra or NJP. The road is beautiful and is accompanied by river Teesta throughout and one can enjoy the scenic beauty of Sikkim while on drive specially in the months from September to May.

Accommodation*

Ratings	Hotel Name	Distance From Venue	Distance from city centre	Suggested Online booking sites
5-Star	MAYFAIR SPA RESORT	3kms	10kms	www.mayfairhotels.com
4-Star	<ul style="list-style-type: none"> The Royal Plaza Yarlam Portico Orange Village Resort Ellgin Nor Khill Gangtok The Denzong Regency The Club Mahindra The Keepsa Residency Hotel Royal Oaks Summit Golden Crescent The Tara Palace 	<ul style="list-style-type: none"> 5kms 0.5kms 2kms 7 kms 8 kms 8 kms 5kms 6 kms 8 kms 7 kms 	<ul style="list-style-type: none"> 2kms 5kms 9kms 1 Km 2 kms 0.5 kms 0 kms 0.5 kms 1 kms 0kms 	<ul style="list-style-type: none"> Respective hotel websites www.tripadvisor.co.in www..travelguru.com
3-Star	<ul style="list-style-type: none"> Hotel Tibet Dewachen Retreat Greendale Residence Hotel Central Gangtok Hotel Mayur Hotel Kasturi Bamboo Retreat Hotel 	<ul style="list-style-type: none"> 5 kms 4kms 5kms 5kms 6kms 1kms 9 kms 	<ul style="list-style-type: none"> 0 kms 3kms 0kms 0kms 0kms 4kms 3 kms 	<ul style="list-style-type: none"> Respective hotel websites www.tripadvisor.co.in www..travelguru.com
Budget Hotels (>200 hotels)	<ul style="list-style-type: none"> Hotel Doma Palace Hotel Golden Heights Hotel Golden Pagoda Nettle & Fern Hotel Hotel Simsar 	<ul style="list-style-type: none"> 6 kms 6 kms 6 kms 7 kms 0.3kms 	<ul style="list-style-type: none"> 0.5 kms 0 kms 0 kms 1 kms 5 kms 	<ul style="list-style-type: none"> Respective hotel websites www.tripadvisor.co.in www..travelguru.com

*Early booking of the hotels suggested as November is a peak tourist season in Gangtok

PLACES IN AND AROUND GANGTOK

Gangtok (Capital city of Sikkim) is a cosmopolitan town and a beautiful place and tourist destination. Amidst the grandeur of the mountain peaks, lush valleys, fast flowing rivers, hills, Sikkim offers its visitors a rare and singular experience. Sikkim has been voted as the number ONE place to visit among '**Best in Travel 2014 - Top 10 regions all over the WORLD**'. Reported by *Lonely Planet* (USA based largest travel guide book publisher in the world). The tiny Himalayan Indian state bordering West Bengal has gone past Victoria Falls in Zimbabwe, Mallorca in Spain and Horuriku in Japan to be voted the number one place to visit in 2014.

Gangtok-Sky view



Gangtok Ropeway-view

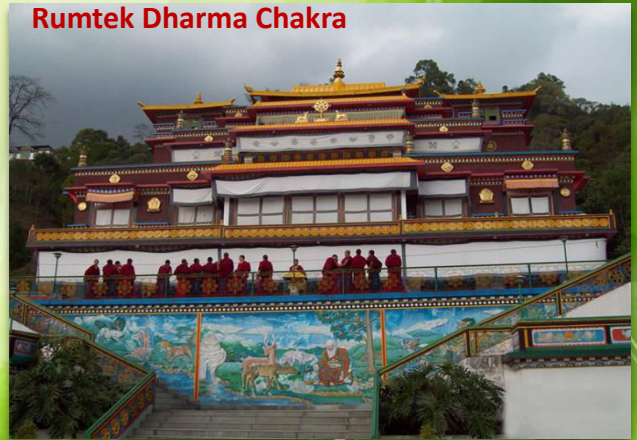


RUMTEK DHARMA CHAKRA CENTRE--About 45 minutes drive from Gangtok, 24kms away, is the Rumtek Dharma chakra centre, the seat of the Kyagu order, one of the 4 major Tibetan Buddhist secrets. Ban Jhakri Falls is a water fall located in Gangtok. This spectacular falls plunges from a height of 70 ft amidst lush green surroundings.

Ban Jhakri Falls



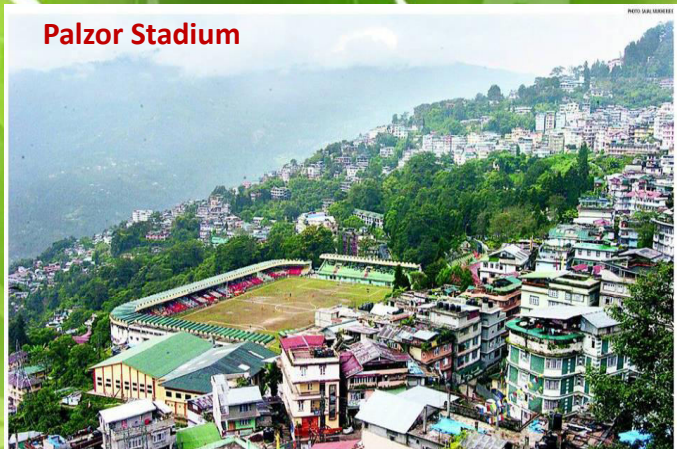
Rumtek Dharma Chakra



M.G Marg



Palzor Stadium



Tsomgo Lake, Gangtok- Tsomgo Lake is located 35 km away from the city on the Gangtok-Nathula highway. This highway is also a part of the old route that links India and China. Worshipped by Sikkimese, this holy lake is approximately 20 km away from the Nathula Pass.

Indo-China border Nathula



Frozen Tsomgo Lake In November



Yumthang Valley



South Sikkim



Darjeeling - is a town in the Indian state of West Bengal. Its just 2.5-3 hr drive from Gangtok. Watching SUNRISE from Tiger Hills is an awesome experience

View of sunrise from Tiger Hills



Tea Gardens



Toy train



War memorial





NEOGSCON 2015

27th - 29th November 2015

Venue: Sikkim Manipal Institute of Medical Sciences, Gangtok, Sikkim



Registration Form

Title: Dr. Prof. Mr. Mrs. Ms.

Name: _____

Nationality: _____ Gender: Male Female

Organisation/Company: _____ Designation: _____

Name to be Printed on the Certificate: _____

Address: _____

City: _____ Pin: _____ State: _____

Mobile: _____ Email: _____

No. of Accompanying Person _____ Name of Accompanying Person:- 1) _____

2) _____ 3) _____

Registration Details

Category	Early Bird Registration till 15 th Oct	Regular 16 th Oct-15 th NOV	Spot Registration
Workshops (INR)	1000	1000	1000
Banquet (INR)	1500	1500	1500
Faculty and Delegate (INR)	2000	2500	3000
P.G Students (INR)	1500	2000	2000
Accompanying Person (INR)	1500	1500	1500

Payment Particulars

Bank Transfer Details:-

Name of Bank :- _____ Branch: _____ Account Name: _____

Account no. _____ IFSC Code: _____ MICR Code: _____

Cheque/DD Details:-

Cheque/DD no.:- _____ Dated: _____ Amount: _____ Bank: _____

Payment terms

- Payment can be made through Cheque or D/D or online (www.gangtokogs.org)
- Cheque or D/D to be issued in favour of "26th NEOGSCON" payable at Gangtok
- For NEFT a/c name-26th NEOGSCON, a/c no-8676101008514, Canara Bank, Tadong branch, IFSC code-CNRB0008676, MICR code-737015003
- Service tax applicable as per Government rules.
- Registration form, Cheque or DD to be sent by post/courier to the below mentioned address:
26th NEOGSCON Secretariat, Department of Obstetrics and Gynaecology, Sikkim Manipal Institute of Medical Sciences, 5th Mile, Tadong, Gangtok-737102, Sikkim, India. Mob:+919733400336
Email: neogscon26@gmail.com