



National Conference of Obstetrics & Gynaecology
Basics to Recent
& 27th State Conference (UPCOG-2015)



Conference Dates - 28th, 29th, Nov. 2015

Pre-Congress Workshop - 27th Nov. 2015

Post-Congress Workshop - 30th Nov. 2015

**Gain
Credit Hours
approved by
MCI & ICOG**



VENUE - GSVM MEDICAL COLLEGE, KANPUR
Hosted By - Kanpur Obstetrics & Gynecology Society and Deptt. of Obs. & Gynae
www.nationalupcog2015.com



National Conference of Obstetrics & Gynaecology Basics to Recent & 27th State Conference (UPCOG-2015)



Invitation

We are privileged for being bestowed with the honor to organize the prestigious National event of FOGSI “**National Conference of Obs & Gynae – BASICS TO RECENT**” along with “**27th State Conference of Obs & Gynae UPCOG**” on **28th – 29th November 2015**, preceded by Four Pre Congress Workshops on 27th followed by Post – Congress Workshop on 30th Nov. at “**Great Institute, GSVM Medical College, Kanpur**”.

It is for the **first time, ever in our country** that FOGSI and UPCOG have joined hands to have a Mega Event of this magnitude, where challenges of Obs & Gynecology at all levels rights from Basics to most advanced are thought of: for re-orienting and brushing the skills at grass root, because deformity, diversity & derailment in the management starts here.

We are all aware of the revolutionary changes right from definitions of many clinical entities to Investigating Modalities, Diagnostic Criteria, New Treatment Protocols and surgical procedures, Lapro-hysteroscopy, Vaginal Surgeries, Deletions of High Morbidity Procedures, and Entry of Anti Cancer Vaccines etc. The art of prescription writings & treatment plans in the clinical practice for one and all ; Extreme periphery to the highest tertiary centers of the country need regular updates of the existing knowledge. We have to march hand in hand with latest management protocols of 21st century, as fundamental necessity in this era of medico – legal implications including PCPNDT act.

With this concept, the curriculum is focused to cover a wide spectrum of topics & fine tuning of practical problems – **Step by Step practical demonstrations, live display of surgical procedures, debate and panel discussions**. Latest Guidelines & Treatment Protocols will be dealt by the stall wards in the field to academically nurture and nourish.

The two days conference is tailored covering all the aspects of Obs & Gynae having 4 pre – congress workshops, orations, plenary sessions, keynote addresses, Guest Lectures, Panel Discussions, Debate, Quiz and live demonstrations, Do's and Don'ts in practice. It is a golden opportunity to gather the wisdom and interact with learned faculty of National & International repute.

We welcome you to the city of Ganges, Kanpur, the “**Manchester of East**” and the Karmabhoomi of the great Patriot Shri Ganesh Shankar Vidyarthi whose name glorifies our medical college. **Kindly block your dates now, to relish this academic feast, valuable back home messages, cultural bonanza and warm memories.**



Dr. Meera Agnihotri
Organising Chairperson



Dr. Prakash Trivedi
President - FOGSI 2015



Dr. Kiran Pandey
Organising Secretary



ATTRactions & HIGHLIGHTS



PRE-CONGRESS WORKSHOPS

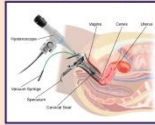
1. **Critical Care in Obstetrics & New Born Resuscitation**



2. **Infertility, IUI & Reproductive Endocrinology**



3. **Office Hysteroscopy & Laparoscopy**



4. **Urogynaecology, Pelvic Floor Repair & NDVH**



Post-Congress Workshop

Ultrasonography in Obs & Gyane



IMPORTANT DATES

- Last Date of Early Bird Registration - 16th Aug. 2015
- Last Date Abstract Submission - 1st Oct. 2015
- Last Date of Registration - 1st Nov. 2015
- Pre-Congress Workshop - 27th Nov. 2015
- Conference - 28th - 29th Nov. 2015
- PG Quiz - 29th Nov. 2015
- Post-Congress Workshop - 30th Nov. 2015

Do's & Don'ts of OBGY

LEARN DAY TO DAY PROCEDURES STEP BY STEP

LIVE PRACTICAL DEMONSTRATION

FREE WORKSHOP ON PRACTICAL OBSTETRICS

Interesting Videos

PG Quiz
Hormones in Obs & Gyne



CONFERENCE THEMES

1. Optimizing Maternal & Perinatal Outcome
2. Changing Diagnostic & Therapeutic Modalities
3. Reproductive Gynaecology
4. Miscellaneous

Public Forum With Celebrities

Theme :
**Women Empowerment
Female Feticide
& Adolescent Health**



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27th Nov. 2015

PROGRAMME

PRE-CONGRESS

Registration and Welcome to the Faculty and Delegates - (08:00 am - 09:00 am)

1. Critical Care in Obstetrics & New Born Resuscitation
2. Infertility, IUI & Reproductive Endocrinology

28th Nov. 2015

Hall	08:00 am - 09:00 am	09:00 am - 09:30 am	09:30 am - 10:00 am	10:00 am - 12:00 noon	12:00 noon - 12:40 pm	12:40 pm - 01:15 pm
EVERY TIME IS COFFEE TIME.						
A	Registration and Welcome to the Faculty and Delegates	Capsule -1, 2, 3 Each Capsule 10 min.	Key Note Address 20 min. & 10 min for Interactive Session	Orations Dr. Kutty Oration Dr. Usha Sharma Dr. Meena Mukherjee Each Oration of 40 min.	Panel Discussion -1 40 min.	Guest Lecture-1, 2
B		Capsule -1, 2, 3 Each Capsule 10 min.			Panel Discussion -1 40 min.	Guest Lecture-1, 2
C		Capsule -1, 2, 3 Each Capsule 10 min.			Panel Discussion -1 40 min.	Guest Lecture-1, 2
D		Free Paper Presentation THEME TOPICS : 1. Optimizing Maternal & Perinatal Outcome 2. Reproductive Gynaecology				
04:30 pm onwards						

29th Nov. 2015

A	Registration and Welcome to the Faculty and Delegates	Capsule-1,2,3 Each Capsule 10 min.	Guest Lecture -1, 2 (Each of 15 min.)	Orations Dr. AD Engineer Dr. Prabha Malhotra Oration by Dr. Meera Agnihotri Each Oration of 40 min.	Panel Discussion -1 40 min.	Guest Lecture-1, 2
B		Capsule-1,2,3 Each Capsule 10 min.	Guest Lecture -1, 2 (Each of 15 min.)		Panel Discussion -1 40 min.	Guest Lecture-1, 2
C		Capsule-1,2,3 Each Capsule 10 min.	Guest Lecture -1, 2 (Each of 15 min.)		Panel Discussion -1 40 min.	Post Graduate Quiz
D		Free Paper Presentation - THEME TOPICS : 1. Optimizing Maternal & Perinatal Outcome 2. Reproductive Gynaecology 3. Recent Advances in Obstetrics and Gynaecology 4. Miscellaneous				

30th Nov. 2015

POST-CONGRESS WORKSHOP

• GAIN CREDIT HOURS APPROVED BY STATE MEDICAL COUNCIL & ICOG



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AT A GLANCE

WORKSHOPS

Workshop Timings : (09:00 am - 05:00 pm)

3. Office Hysteroscopy & Laparoscopy

4. Urogynaecology, Pelvic Floor Repair & NDVH

01:15 pm -
02:00 pm

02:00 pm -
03:00 pm

03:00 pm -
03:40 pm

03:40 pm -
04:00 pm

04:00 pm -
05:00 pm

07:00 pm
onwards

EVERY TIME IS TEA TIME.

Live Demonstrations (45 min)	Lunch & Poster Judging	Panel Discussion -1 (40 min.)	Guest Lecture -1 (15 Min.)	Debate Hot Discussion on Difficult Situations, Solutions of Jury & Voice of Experience	INAUGURATION CULTURAL BONANZA followed by GALA DINNER
		Panel Discussion -1 (40 min.)	Guest Lecture -1 (15 Min.)		
		Panel Discussion -1 (40 min.)	Guest Lecture -1 (15 Min.)		
		Free Paper Presentation 3. Recent Advances in Obstetrics and Gynaecology 4. Miscellaneous			

EXECUTIVE MEETING (AGM)

Session on Contraception (45 min)	Lunch	Public Forum on Women Empowerment Female Feticide & Adolescent Health with Discussion	WORKSHOP ON PRACTICAL OBSTETRICS	VALEDICTORY FUNCTION
P.G. Quiz continued Topic : Hormones in Obs & Gynae				

Topic Ultrasonography in Obs & Gynae

• KEEP LOOKING FOR UPDATES AT www.nationalupcog2015.com



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Places to Visit in Kanpur

Nestled on the banks of the eternal Ganga, Kanpur stands as one of North India's major industrial centres with its own historical, religious and commercial importance. Believed to be founded by king Hindu Singh of the erstwhile state of Sachendi, Kanpur history as well as its name has witness several changes from being called "KARNAPUR" to "CAWNPORE" in the British time to finally being named "KANPUR" on 24th March 1803. Kanpur this year proudly celebrates its 212th Birthday.

Kanpur is the 5th largest city of India & the 2nd most Industrialized city of North India and is proudly known as the "Manchester of East". Kanpur is also an important educational centre, with institutions like Indian Institute of Technology, Kanpur, CSJM University (Formerly Kanpur University), Kanpur, Harcourt Butler Technological Institute, CSA Agricultural University, GSVM Medical College, National Sugar & Pulses Research Institute, Government Textile & Leather Institute being located here. IIT Kanpur has been voted to be the best IIT of India for past several years in continuation. GSVM Medical college was the first medical college of U.P., established in independent India, forming a landmark in the annals of medical education in the state of U.P. The college known for its academic excellence world over, is named after late Shri Ganesh Shankar Vidhyarthi.

Apart from playing a stellar role in the development of the country as a whole, Kanpur has also been instrumental in making an unforgettable contribution to the Indian freedom struggle. A favorite centre of activities of stalwarts like Nanarao Peshwa, Tantiya Tope, Sardar Bhagat Singh and Chandra Shekhar Azad among others. Kanpur is also the birth place of Shyamal Gupta 'Parshad', composer of the famous patriotic ditty 'Vijayee Vishwa Tiranga Pyara'.

The other important trade centre Bithoor has a special place in Hindu mythology. It is believed that here, on the banks of river Ganga, the famous saint 'Valmiki' lived. Further more, it is said that 'Luv-Kush', the sons of 'lord Rama' were born here in the Valmiki Ashram. Bithoor is also called "Brahmavarta" after the legend which says that Lord Brahma placed an iron rod here on the banks of Ganga as the centre of earth. The so famous iron rod is still worshiped by many. Kanpur also houses remains of the golden period of Indian history. The Bhitara Gaon temples, about 40kms south built in 4-5 A.D. belong to that period. In the outskirts of Kanpur is Akbarpur-which was established by Birbal- one of the nine gems of Akbar's court. Bithoor has the famous Masjid built by the Mughal king-Aurangzeb. The other well known religious places are Panki temple, Tapeshwari temple (Birhana Road), Anandeshwar temple, Shiwala temple, J.K. temple, Shobhan Darbar, Bishat Khana Masjid (Meston Road), Badi Masjid (Patkapur), Peer sahib ki Masjid (Jajmau), Masjid Gwaltoli makbara, Guru Teg Bahadur Gurudwara-(Chowk), Kirton Garh, Gurudwara (Gumti No. 5) and Methodist Church (Civil Lines).



J. K. TEMPLE



KANPUR UNIVERSITY



BITHOOR



GREEN PARK STADIUM



IIT KANPUR



ISKCON TEMPLE



JAIN GLASS TEMPLE





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Places to Visit Around Kanpur

TAJ MAHAL - Come, walk along the pathway beside the reflecting pool with fountains upto the mausoleum crafted in soft & pure marble and jewelled with semi precious stones, where in the serenity of paradise rests the Queen in peace with her King. Come to unfold the pages from the past to churn the charm out of its mystique and enrich your imagination about this marvel of an epic in stone, The Taj!

The grace of perfection of proportions and grandeur of geometrical patterns of well appointed gardens enhancing the poise of the whole complex together add magnificence to the delicacy of this mance of love, dedication and purity,

Come take a dip into the saga of 'The Taj', culled out from no fiction but facts and unfurl a saga, which is set out of nothing but pure love!



BARA IMAMBARA - Its central hall is said to be the largest vaulted chamber in the world. Except for the galleries in the interior, there is no woodwork in the entire structure. It is now used by Shia Muslims for the purpose of Azadari.

It is believed that the construction of this grand building was started in 1785 when a devastating famine had hit Awadh, and the nawab's objective was to provide employment for people in the region for almost a decade while the famine lasted.

It has large underground passages which have been blocked up. A staircase from outside leads to a series of labyrinths known as Bhool-Bhulaiyan, which is a complicated entanglement of zig-zag passages. Visitors are allowed to visit only with authorized guides. Within the compound of the Imambara is the grand Asafi Mosque. Shahi Baoli is another attraction here.



JIM CORBETT - Corbett National Park situated in the foothills of the Himalayas, in the newly created state of Uttarakhand is haven for wildlife lovers in India.

Flat valleys are interspersed with hilly ridges and the Park's rolling grasslands provide an excellent view of its rich eco system.

Corbett National Park is one of India's most beautiful wildlife areas has a tiger population of around 160, which makes this park as the last and the most important bastion of this endangered species in India. Corbett Park's 1318.54 square kilometers of virgin forest and jungle are home to numerous other species of fauna. The rich biodiversity of the park is a perfect place for bird enthusiasts; the area is considered one of the best bird-watching areas in India, with some 600 species having been sighted in the park.



VARANASI - The great river banks at Varanasi, built high with eighteenth and nineteenth-century pavilions and palaces, temples and terraces, are lined with an endless chain of stone steps – the ghats – progressing along the whole of the waterfront, altering in appearance with the dramatic seasonal fluctuations of the river level. Each of the hundred ghats, big and small, is marked by a lingam, and occupies its own special place in the religious geography of the city. Some have crumbled over the years, others continue to thrive, with early-morning bathers, brahmin priests offering puja, and people practicing meditation and yoga. Hindus regard the Ganges as amrita, the elixir of life, which brings purity to the living and salvation to the dead.



SANGAM - This is the point where the brown water of the Ganga meets the green water of the Yamuna, along with the mythical Saraswati, which remains unseen but believed to run underground. It is located about 7 km from Civil Lines, overlooked by the eastern ramparts of the Akbar Fort.



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Ferrous Ascorbate 30mg + Folic Acid 550mcg **Syr**

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Soy Isoflavone 40% 50mg + Vit. K2-7 45mcg &
Magnesium 50mg **Cup**

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Cefuroxime Axetil 750mg/1.5gm Inj **Inj**

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1 Tab Fluconazole 150mg

RETAIN

Micronized Progesterone 200mg **Cup**

IMUNOTOP

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