







FOGSI 360 Coordinate Communicate Community जीवनस्य वृत्तम्

FOGSI NAHC®N 2024





Adolescent Health Committee FOGSI

27-28 July 2024 Hotel Maurya Patna

"Support, Educate and Empower –



"The Keys to Adolescent Health"

Hosted By

Patna Obstetric and Gynaecological Society

Website: www.fogsinahcon24.com



Dearest Colleagues and Guests

With immense pleasure, we invite you to the National Adolescent Health Conference 2024 hosted by Patna Obstetric and Gynaecological Society under the aegis of Adolescent Health Committee FOGSI on 27th and 28th of July 2024 at Hotel Maurya, Patna.

The theme of the conference is: Support, Educate and Empower - The Keys to Adolescent Health. Our younger generation plays the vital and significant role in our fraternity which in turn helps to make women of our country safer, stronger, smarter than healthier. This conference will cover Adolescent PCOS, Endometriosis, Dysmenorrhea, Pelvic Pain. Adolescent AUB, Obesity, Nutrition, Anaemia, Mental Health, Drug Abuse, Adolescent Cancers, HPV vaccination, Infections and more.

We will try to give our best to update the knowledge of young generation and help them in setting their goals pertaining to the recent advances and the topics which are practically suitable to them. There will be video workshops, scientific deliberations, hands-on training, free paper, e-poster presentations , debate, public forum and quiz competition.

The conference is all set to be packed with intellectually stimulating sessions, and will be a key in allowing Obstetricians and Gynaecologists from all over the country to expand their knowledge and expertise.

We cordially invite you to be a part of this momentous event of FOGSI. We are confident that with the help of your active participation, this will be an unforgettable, productive and memorable experience.

Looking forward to welcome you in the historical city PATNA.

Organizing Team FOGSI NAHCON 2024



Dr. Jaydeep Tank **President FOGSI**



Dr. Neerja Bhatla Congress President Congress Vice President VP FOGSI



Dr. Anita Singh **National Coordinator**



Dr. Manju Gita Mishra Chair, Reception Committee



Dr. Madhuri Patel **Secretary General FOGSI**



Dr. Meena Samant **Organising Chairperson**



Dr. Supriya Jaiswal **Organising Secretary** Chairperson AHC FOGSI



Dr. Vinita Singh Conference Coordinator



Dr. Pragya Mishra Choudhary **Conference Coordinator**



Dr. Alka Pandey Chair, Workshop Committee



Dr. Abha Rani Sinha Chair, Scientific Committee



Dr. Amita Sinha **Joint Organising** Secretary



Dr. Nibha Mohan **Joint Organising** Secretary



Dr. Charu Modi **Joint Organising** Secretary

FOGSI OFFICE BEARERS-2024



Dr. Jaydeep Tank **President**



Dr. Sunita Tandulwadkar **President Elect**



Dr. H D Pai **Imm. Past President**



Dr. Madhuri Patel **Secretary General**



Dr. Ajay Mane **Vice President**



Dr. Charmila Ayyavoo **Vice President**



Dr. Girija Wagh **Vice President**



Dr. Janmejaya Mohapatra Dr. Neeraja Bhatla **Vice President**



Vice President



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Dr. Kunal Doshi **Joint Secretary**



Dr. Parikshit Tank Treasurer



Dr. Neeraj Chavan **Joint Treasurer**

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Dr. Jaydeep Tank **President**



Dr. Parul Kotdawala Chairperson



Dr. Sheela Mane **Vice Chairperson**



Dr. Sarita Bhalerao Secretary



Dr. Parag Biniwale Chairperson Elect



Dr. Ashok Kumar Vice Chairperson Elect



HIGHLIGHTS

Public
Forum
Panel
Discussions

Debates

Quiz

WORKSHOP

"Blossoming Youth: Endoscopic Visions and Imaging Discoveries"

Endoscopy

Imaging Science





TOPIC OF QUIZ

Gynaecological problems of Adolescence and POCSO



Grand Cultural Evening

Date: 27th July 2024 Time: 7-8 PM



National Faculty

- Dr. Arup Kumar Majhi
- Dr. Apurba Kumar Dutta
- Dr. Archana Verma
- Dr. Anju Soni
- Dr. Abhinibesh Chatterjee
- Dr. Bhaskar Pal
- Dr. Basab Mukherjee
- Dr. Chinmayee Ratha
- Dr. Charulata Bapaye
- Dr. Garima Kachhawa
- Dr. Gaurav Desai
- Dr. Girish Mane

- Dr. Hrishikesh D. Pai
- Dr. Jaydeep Tank
- Dr. Kushagridhi Ghosh
- Dr. Kuldeep Singh
- Dr. Kanak Priya Tiwari
- Dr. Lila Vyas
- Dr. Murlidhar Pai
- Dr. Madhuri Patel
- Dr. Milind Telang
- Dr. Neerja Bhatla Dr. Nikita Trehan
- Dr. Mala Raj

- Dr. P. C. Mahapatra
- Dr. Pratap Kumar
- Dr. Prairna Koul
- Dr. Priyankur Roy
- Dr. Pratik Tambe
- Dr. Ritu Khanna
- Dr. Ritu Santwani Dr. Ramani Devi
- Dr. Shobha Gudi
- Dr. Suman Sinha
- Dr. Sujata Deo
- Dr. Sneha Bhuyar

- Dr. Sonu Singh
- Dr. Sudha Tandon
- Dr. Seetha Ramamurthy Pal
- Dr. S. Sampath Kumari
- Dr. Suman Lal
- Dr. Subhash Mallya
- Dr. Syed Hubbe Ali
- Dr. Suparna Banerjee
- Dr. Vipin Chandra

PRESIDENTIAL ORATION



Dr. Jaydeep Tank President FOGSI

Adolescent Contraception

KEYNOTE LECTURES



Dr. Madhuri Patel

Flow Facts: Managing **And Treating** Adolescent AUB



Dr. Hrishikesh Pai

Fertility preservation adolescennts

PLENARY KEYNOTE SESSION



Dr. Bhaskar Pal

Endometriosis In Adolescents



Dr. P C Mahapatra

Adolescent **Gynaecology Surgical** Dilemmas -Case Scenario



Dr. Neeraj Bhatla **Guarding the Future: The Power** of HPV Vaccination for Teens



Dr. Sampath Kumari TEENAGE PREGNANCY-A Burning Issue



Dr. Basab Mukherjee **Pre & Pro Biotics** (INTAS)



REGISTRATION

	EARLY BIRD TILL 31st May 2024		
Delegates	6000	6500	7000
Accompanying person	5000	5500	6000
PG/Med Students	5000	5500	6000

-Note- Registration tariff is inclusive of GST

ONLINE REGISTRATION

- 1. For payment through UPI, SCAN THE QR code below and make payment.
- 2. Take screenshot of your successful transaction, as it is required while filling the online form.
- 3. Fill the Registration Form. (Filling Registration Form is mandatory.)

Scan QR to make payment (UPI Payment)



After payment, tap on below button to fill the Registration form



SCEINTIFIC PROGRAMME

FOGSI NAHCON 2024 HOTEL MAURYA 27TH – 28TH JULY 2024

	DAY 1: 27 [™] JULY 2024								
	HALL ASHOKA						ALL KAUTI	LYA	
	SCIENTIFIC SESSION INAU					URATIO	N		
	SESSION	1 1.30- 2	.00 pm						
1.30- 1.45 pm	Dr. Lila Vyas Dr.	STI in Adolescents Management	CHAIRPERSONS 1. Dr Geeta Sinha 2. Dr Hemali H Sinha 3. Dr. Pallavi Roy	ı	Puzzl	JSSION	MODERATORS Dr Shobha Gudi Dr Sangam Jha	PANELISTS 1. Dr Rashmi Prasad 3. Dr Swati (AIIMS Deo) 4. Dr Pallavi Kumari (Hajipur)	
2.00 pm	Murlidhar Pai	of Adolescent PCOS	Dr. Pallavi Roy Dr Neelam Sinha			escents	Expert Dr Jayoti Malhotra	5. Dr Shubanti (IGIMS) 6. Dr Pammy Parvina 7. Dr Laya Pandey 8. Dr Bhumija 9. Dr Zamurrad Parveen 9 Dr Priyanka Shahi (PMCH)	
SESSIO	N 2		2.00- 2.40 pm			PRESID	ENTIAL ORA	TION	
	Dr. Jayde "Adolesco	tion"			Chairpersons 1. Dr Shanti Roy 2. Dr Manju Gita Mishra 3. Dr Abha Rani Sinha 4. Dr Meena Samant				
SESSIO	N 3		2.40 - 4.00 pm			PLENARY KEYNOTE SESSION			
2.40- 3.00pm	Abnorma	s: Managing a l Uterine Blee	and Treating Adolesce	nt		Chairpersons 1. Dr Pramila Modi 2. Dr Vinita Singh			
3.00- 3.20 pm	Dr. Hrishi Fertility p	kesh Pai reservation in	adolescents			Dr Pragya Mishra Chaudhary Dr Supriya Jaiswal			
3.20- 3.40 pm	Dr. Bhask Endomet	ar Pal riosis in adole	scents			Chairpersons 1. Dr Sushma Pandey			
3.40- 4.00 pm	Dr P C Ma Adolescen	•	urgical Dilemmas - Case	Scena	rio	2. Dr Anita Singh3. Dr Kumkum Sinha4. Dr Himanshu Roy			
SESSIO	N 4		4.00 - 4.45 pm						
4.00- 4.15 pm	Manageme	nifestations and ent of Müllerian	2. Dr Saroj Singh	4.15	00- 5 pm	n Understanding 1. Dr Veena Adolescent Sexuality 2. Dr Sagar I		.	
4.15- 4.30pm	Dr Alka P	in Adolescents andey us Puberty	3. Dr Veena Kumari Sinha 4.15- 4.30pr 4. Dr Ranjana Sinha			Ovarian rejuvenation: What's new? 3. Dr Shobha Rani (Aurangabad) 4. Dr lla Priyanka		N: 1 ' " '	
					30- 5pm	Dr Nid (NOVA Busting of ferti adoles	I VF) g Myths lity in		

	DAY 2: 28 [™] JULY 2024							
S	HALL ASHOK		SI	HALL KAUTILYA SESSION 1 9.00 am - 10.00 am				
9.00- 9.15 am	Dr Archana Verma	Chairpersons 1. Dr Vijaya 2. Dr Neeru Goel	9.00- 9.15am	Dr Neha Priyadarshi Vaginal discharge in adolescents: Management	Chairperson 1. Dr Mamta Sinha (Patna) 2. Dr Poonam (IGIMS) 3. Dr Sangeeta Chaudhary 4. Dr Neena Agarwa			
9.15- 9.30am	Dr Anju Soni Dysmenorrhea in adolescents	(Nawada) 4. Dr Vibhashini Prasad	9.15- 9.30am	Dr Nibha Mohan Pre-Menstrual Syndrome (PMS)				
9.30- 9.45am	Dr Pratap Kumar Understanding Pain management in adolescents'		9.30- 9.45am	Dr Suman Sinha "Ironing out the Issue: Tackling Adolescent Anemia through Nutrition."				
	endometriosis		9.45- 10.00am	Dr Sujata Deo Mental health: Care in adolescents				

	I 2 9.45 -11.05 am MASTERCLASS RH ISC	DIMMUNISATION	SESSION 2 10.00am - 11.00 am			
9.45-am	1. Dr Abha Rani Sinha Topic 1. Introduction to the Rhesus problem & overview of blood group	Moderator Dr Supriya Jaiswal	10.00 10.30am 10.45am	Panel "PCOS spectrum" MODERATOR GCT: Approach	PANELISTS 1. Dr Rajrani Chaudhary 2. Dr. Prabhati Keshri 3. Dr Sunita Sharma 4. Dr Rajani Sharma 5. Dr Ranu Singh 6. Dr K Manju	
	Topic-2 Pathophysiology of RH Isoimmunisation		11.00am	to diagnosis and management POCSO: What		
10.45am	Topic- 3 Preventing RH Issoimunisation	Preventing RH		gynecologists should know?	7. Dr Rupam Sinha	
10.45am 11.05am	4. Dr Kushagridhi Ghosh Topic.4 Management of Isoimmunised pregnancy					

	N 3 11.05 am – 12.05 pm EYNOTE LECTURES		SESSION 3 11.05am – 12.05 pm			– 12.05 pm
11.05- 11.25am	Dr. Neerja Bhatla Guarding the Future: The Power of HPV Vaccination for Teens"	Chairpersons 1. Dr Alka Pandey 2. Dr Rita Sinha 3. Dr Neelam 4. Dr Amita Sinha		11.05- 11.20am 11.20- 11.35am	Dr Ranjana Sinha Diagnostic challenges in adolescent AUB Dr Suman Lal Management algorithm of AUB in adolescents	Chairpersons 1. Dr Suchita Chaudhary 2. Dr Seema Singh 3. Dr Rupam Chandra 4. Dr Huma Nishat

11.25- 11.45 am 11.45- 12.05pm	PREGNANCY- A Burning Issue Dr. Basab Mukherjee	Chairpersons 1. Dr Usha Sharma 2. Dr Usha Kumari 3. Dr Anjana Sinha 4.Dr Nibha Mohan	11.35- 12.05pm Panel Discussion "Navigating breast changes"	Breast Spectrum: Breast issues in adolescents Moderators: Dr Charulata Bapaye Meena Samant EXPERTS Dr Rita Jha Dr Zarin Rahman	PANELISTS 1. Dr Archana Jha 2. Dr Suniti Sinha 3. Dr Mamta Singh 4. Dr Ananya Roy (Siliguri) 5. Dr Pooja Kumari 6. Dr Vinita (AIIMS Deogarh) 7. Dr Divya Suman 8. Dr Anjili (Mahavir) 9. Dr Nisha (Aurangabad)	
SESSIO	N 4 12.05 pm - 12.3	5 pm	SESSION 4	4 12.05 pm - 1	2.35 pm	
PANEL DISCUSSIO ADNEXAL MASSES IN ADOLESCEN Early Detection a Manageme of Adnexal Masses in Teens	Mallya 2. Dr Monika Anant TS: EXPERTS 1. Dr Archana Kumari (Ranchi) 2. Dr. Punam Dixit	PANELISTS 1. Dr Poonam Lal 2. Dr Chanda Rai 3. Dr Jyoti Das 4. Dr Naaz 5. Dr Ananya Agarwal 6. Dr Soma Dutta 7. Dr Sudwita Sinha 8. Dr Shristi Sinha 9. Dr Abhilasha Shandilya	PANEL DISCUSSION ENDOME TRIOSIS IN ADOLESC ENTS "Silent struggles: Addressing endometr iosis in adolescent girls."	MODERATOR 1. Dr. Ramni Devi 2. Dr Mukta Agarwal EXPERTS 1. Dr Sangeeta Pankaj 2. Dr Neelam	PANELISTS 1. Dr Vinita Sinha (NMCH) 2. Dr Ruma Goswami 3. Dr Dipali Prasad (IGIMS) 4. Dr Shraddha Chakhaiyar 5. Dr Prachi Singh 6. Dr Anuja Singh 7. Dr Shikha Sahay (AIIMS deo) 8. Dr Anita Paswan 9. Dr Rajani Priyanka	
SESSIO	N 5 12.35 pm - 1.05	pm	SESSION 5 12.35 pm - 1.05 pm			
12.35- 12.50pm	Dr Anita Singh The Metabolic Implications for life with PCOS	Chairperson: 1. Dr Dharmashila Sharma 2. Dr Minie Anand 3. Dr Charu Modi 4. Dr Sushma Singh	12.35- 12.50pm	Dr Ritu Khanna Hyperandrogeni sm in PCOS	Chairpersons 1. Dr Mridula Sharma (Begusarai) 2. Dr Rajshree Purbey 3. Dr Usha Agarwal 4. Dr Neelam Kumari	
12.50- 1.05pm	Dr Supriya Jaiswal Menstrual disorder in adolescents		12.50- 1.05pm	Dr. Vipin Chandra (Indira IVF) Adolescent issues affecting Future fertility		
SESSIO	N 6 1.05 pm - 1.35	om	SESSION !	5 1.05 pm - 1.3	35 pm	
1.05- 1.20pm	Dr Syed Hubbe Ali Epidemiology of Cervical Cancer and need for HPV Vaccination"	Chairperson: 1.Dr Barun Kala Sinha 2. Dr Rita Chakore 3. Dr Rekha Singh 4. Dr Sadhana Singh	1.05- 1.20pm		Chairpersons 1. Dr Lata Shukla Dwivedi 2. Dr Pratibha Prakash	
1.20- 1.35pm	Dr Prairna Koul Adolescent friendly health services: a quick guide		1.20- 1.35pm	Dr Anju Turior Eating disorders in adolescents	3. Dr Swapna Jha	
		1.35 PM - 2.	00 PM LUNC	CH		

SESSION	SESSION 7 2.00 pm - 2.30 pm				SESSION 7 2.00 pm -	2.40 pm
PANEL DIS	PANEL DISCUSSION		NELISTS		2.00-2.20pm	2.20-2.40pm
PEER PRESSURE IN ADOLESCENT Moderators: Dr. Girish Mane Dr. Supriya Arwari		2. 3. 4.	Mrs Jyotsna Ranjan Dr. Nutan Narayan Dr. Simi Kumari Dr. Anita Pathak Dr. Kumari Mamta		DEBATE 1 Is social media a boon for adolescents?	DEBATE 2 Whether reproductive rights should be relaxed for adolescents?
EXPERT Dr. Kumudini Jha Dr. Shipra Roy		7. l	Dr. Lakshmi Jha Dr. Nita Nath Dr. Emrana Dr. Anupam (NMCH)		Judges Dr Usha Kumari Dr Archna Kumari FOR Nitu Prasad AGAINST Dr Charu Modi	Judges: Dr Meenu Sharan Dr Tripti Sinha FOR - Dr Richa Jha AGAINST- Dr Khusboo
SESSION	SESSION 8 2.30		· 3.00 pm		SESSION 8-9 2.40 pm	n - 3.30 pm
Panel discussion: Adolescent endocrine disorders Moderate Pratik Tar Expert: Dr. Savita Rungta Dr Sanger Sinha		nbe	Panelists 1. Dr Ranjana Jha 2. Dr Shanti Snehlata 3. Dr Rakhi Agarwal (Ara) 4. Dr Anamika Pandey 5. Dr Nimisha Agarwal 6. Dr Sangita Kumari NMCH 7. Dr Sonali Gupta 8. Dr Nutan (Sasaram) 9. Dr Priyanka Shahi (Chapra)		QUIZ: GYNAECOLOGICAL PROBLEMS OF ADOLESCENCE AND POCSO Expert: Dr Abha Rani Sinha Quiz masters: 1. Dr Ranu Singh 2. Dr K Manju 3. Dr Jyoti Agarwal 4. Dr Bhawana Tiwary	
SESSION	9 3.00	pm -	· 3.30 pm			
3.00- 3.15pm				Chairpersons 1. Dr Shiv Kumari Prasad 2. Dr Chitra Sinha / Dr Sujata Chowdhary 3. Dr Kamini Chaudhary 4. Dr Smriti Sparsh		
3.30 pm	- 3.40 pm	Pub	lic forum			
4.30 pm	4.30 pm - 5.30 pm Valedictory					

ABSTRACTS

Abstract Submission Guidelines

The paper should be your original clinical research work.

Abstract should not exceed 250 -300 words.

The submitted abstracts may be accepted for Free Paper (Oral Presentation / E- Poster Presentation).

Presenting author must be member of POGS / FOGSI.

Components of Abstract for oral presentation:

- 1. Aims & Objectives 2.Material and Methods
- 3. Result 4. Conclusion

Components of an Abstract for E-Poster presentation:

1. Background 2. Case Details 3. Conclusion

Conference registration is MANDATORY.

The last date for abstract submission is 1st July, 2024.

Kindly submit your abstract to: abstractpatna@gmail.com



WORK SHOP IMAGING SCIENCE

Session 1 - 9:00 am to 9.40 am - Mastering knobology: Enhancing USG imaging for Precision Diagnosis- Dr Kuldeep singh

9.40 to 10 am - Ultrasound in Diagnosing Müllerian Anomalies: Techniques and Best Practices- Dr Aashita Srivastava

Chairperson - Dr Neeru Goel Dr Jyoti Agarwal

Session 2-10 am 10.20am - Role of USG in acute emergencies - Dr Rakhi Agrawal

10.20 to 10 35 - Nuances of USG in paediatric and adolescent age Group- Dr Rajan Chaudhuri

Chairpersons-Dr Mrinalini Dr Puja

Coffee break and Inauguration 30 mins

Session 3 - 11 am to 11.15- "Ultrasound in Diagnosing Adolescent PCOS: A Comprehensive Approach - Dr Kalpana Singh

11.15 to 11.45- "The Role of Ultrasound in Diagnosing Adolescent Endometriosis: Innovations and Insights

- Dr Punam Dixit Demo 15 mins

Chairpersons- Dr Santosh Kumar Dr Madhukar

Session 4 - 12 to 1 pm: Approach to adnexal mass followed by demonstration - Dr Kuldeep Singh Chairpersons - Dr Usha Kumari Dr Jyoti Agarwal Demo 15 mins

ENDOSCOPY

9:00-9:30 AM - Sonu Singh- Laparoscopic management of adnexal mass

Chairpersons--Dr Shipra Roy Dr Anju Kumari

9:30-10:00 AM- Milind Telang - Role of hysteroscopy in adolescents

Chairpersons- Dr Neelam Dr Monika Anant

10:00-10:30 AM- Mala Raj- Lap Adenomyomectomy

Chairpersons- Dr Meena Samant Dr Jyoti Das

10:30-11:00 AM- Abhinibesh Chatterjee- Lap vaginoplasty

Chairpersons- Dr Alka Pandey Dr Poonam Lal

11:30-12:00 PM- Dr Garima Kachhawa- Rudimentary horn: A diagnostic dilemma in adolescents

Chairpersons-Dr Anita Singh Dr Hemali Sinha

12:00-12:30 PM- Dr Nikita Trehan-Conservative surgery for deep Endometriosis

Chairpersons- Dr Himanshu Roy Dr Smriti Sparsh

12:30-1:00 PM- Dr Sudha Tandon- Lap myomectomy

Chairpersons- Dr Vinita Singh Dr Supriya Jaiswal

For dropouts Dr Mukta Agarwal- Utero- vaginal anastomosis for cervical agenesis

Hotel Maurya - ROOM RESERVATIONS; +91 612 2203040/540, 9204780275; reservations@maurya.com
Hotel Panache - For Room Booking : Mobile No - +91-7544002950, 7544002861; reservations@thepanachepatna.com

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: +91 736 000 8322 reservations@chanakyapatna.com

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Places of Interest

Golghar- located to the west of the Gandhi Maidan is one of the famous landmarks of Patna.



Takht Har Mandir Sahib - is one of the prominent places in Patna of Sikh religion



Shaheed Smarak- exhibits lifesize statue of seven young men who sacrificed their lives in the **Quit India Movement** (August 1942)

Patna Museum -This Museum was constructed by the British to conserve and display the historical artifacts found in the vicinity of the state capital of Bihar.





Buddha Memorial Park- This park was inaugurated by the Tibetan spiritual leader, Dalai Lama, on 27 May 2010 who planted two saplings, one was brought from Bodh Gaya and the other from Anuradhapura in Sri Lanka

Patna Marine Drive, also known as Loknayak Ganga Path, is a 20.5-kilometre-long four-lane expressway along the banks of the River Ganges in Patna.



Bihar Museum has embellished a multitude of artifacts and is a hub of historical knowledge.

AROUND PATNA

56 Kms from Patna by Road- VAISHALI World's First Republic-Vaishali is where Buddha preached his last sermon before his death. Vishwa Shanti Stupa (World Peace Pagoda) is a major monument here. King Ashoka erected his famous Ashoka pillar in Vaishali which was to memorialize the last sermon of Lord Buddha.





90 Kms from Patna by Road - NALANDA-*One* of the oldest living cities - A UNESCO world heritage site today, It is widely recognised as one of the ancient world's great universities and an important Buddhist centre of academic excellence.





110 Kms from Patna by Road.

RAJGIR-*Court of Magadha Empire*- **Ropeway** here is said to be the oldest in the country which runs at the top of **Ratnagiri Hills**.



BODHGAYA-The place where Gautama Buddha got Enlightenment.

