



# Conference on **Reproductive** Health

# Fem power FOGSI-BSOG

# EMPOWERING WOMEN, NURTURING THEIR FUTURE.

**June 29th - 30th,  
2024**

**Venue: Hotel Capitol,  
Rajbhavan Road,  
Bengaluru**

## HIGHLIGHTS

- 4 Workshops
- 6 Breakfast Sessions
- FOGSI President Oration
- 6 Key note addresses
- Lectures by National / International Speakers
- Free Papers and Posters

Topics: Reproductive Health  
Miscellaneous

**KMC POINTS  
& ICOG POINTS  
ARE AWAITED.**

### 4 WORKSHOPS

- ▶ Fertility Enhancing Surgeries
- ▶ Preventive Oncology on Cervical Cancer
- ▶ Gynaec Ultrasound 3D / 4D
- ▶ Aesthetic Gynaecology and Regenerative Medicine

### 6 BREAKFAST SESSIONS

POI	PCOS
RPL	GDM
Thyroid	Endometriosis



**FOGSI OFFICE BEARERS**



**Dr. Hrishikesh Pai**  
Imm Past President FOGSI



**Dr. Jaydeep Tank**  
President FOGSI



**Dr. Sunita Tandulwadkar**  
President Elect FOGSI



**Dr. Madhuri Patel**  
Secretary General FOGSI



**Dr. Neeraj Bhatla**  
Vice President  
FOGSI North Zone



**Dr. Janmejaya Mohapatra**  
Vice President  
FOGSI East Zone



**Dr. Ajay Mane**  
Vice President  
FOGSI West Zone



**Dr. Girija Wagh**  
Vice President  
FOGSI West Zone



**Dr. Charmila Ayyavoo**  
Vice President  
FOGSI South Zone



**Dr. Suvarna Khadilkar**  
Dep. Secretary General FOGSI



**Dr. Parikshit Tank**  
Hon. Treasurer FOGSI



**Dr. Kunal Doshi**  
Jt. Secretary FOGSI



**Dr. Niranjana Chavan**  
Jt. Treasurer FOGSI

**ORGANISING TEAM**



**Dr. Rekha Rajendrakumar**  
President BSOG & Organising  
Chairperson



**Dr. Uma Devi**  
Hon. Secretary BSOG &  
Organising Secretary



**Dr. Indira C Reddy**  
Hon. Treasurer BSOG &  
Jt. Organising Secretary



**Dr. Shubha Rama Rao**  
Organising  
Co-Chairperson



**Dr. Sheela V Mane**  
Scientific Committee



**Dr. Shobha N Gudi**  
Scientific Committee



**Dr. Jyothika A Desai**  
Scientific Committee



**Dr. Nagarathamma R**  
Organising Treasurer



**Dr. Nirmala B M**  
Jt. Treasurer

EMPOWERING WOMEN,  
NURTURING FUTURE



## TEAM BSOG

Dr. Rekha Rajendrakumar	President
Dr. Mahesh Koregol	Vice President
Dr. Umadevi K	Hon. Secretary
Dr. Indira C Reddy	Hon. Treasurer
Dr. Srimathy Raman	Jt.Secretary
Dr. Nirmala B M	Jt.Treasurer
Dr. Mangala Devi	President Elect
Dr. Shubha Rama Rao	Imm. Past President

### EXECUTIVE MEMBERS

Dr. Anuradha G  
Dr. Aarthi Sridhar  
Dr. Shilpashree H  
Dr. Lavanya Kiran  
Dr. Santosh Gupta  
Dr. Rashmi Patil  
Dr. Shilpashree N  
Dr. Shanthala Siddana  
Dr. Renuka Devi

### INVITED MEMBERS

Dr. Kamini A Rao  
Dr. Hema Divakar  
Dr. Sheela V Mane

### ADVISORY COMMITTEE

Dr.Latha Venkatram  
Dr. Shobha N Gudi  
Dr. Jyothika A Desal  
Dr. Chandrika Muralidhar  
Dr. Nagarathnamma R

09.00 am - 05.00 pm

## Endoscopy Fertility Enhancing Surgeries Workshop-A

Timings	Session
08.00 am - 9.00 am	<b>Prize winning paper presentation</b>
09.00 am - 11.00 am	<b>Session-1 Laparoscopy Videos</b> 18 x 6 + 12
	<b>Myomectomy- In bag morcellation</b>
	<b>Adenomyomectomy</b>
	<b>Tubal recanalization</b>
	<b>Endometriosis &amp; DIE</b>
	<b>Ovarian Lesions</b>
	<b>Non-tubal ectopic pregnancy</b>
11.00 am - 12.00 pm	<b>Session-2 Panel discussion on Case scenarios on Laparoscopic fertility enhancing surgeries</b>
12.00 pm - 01.00 pm	<b>Session-3 Video Workshop continued</b> 15 x 2 + 20 + 10
	<b>GTD: Hysteroscopic approach</b>
	<b>Hysteroscopic and Laparoscopic Isthmocolle repair</b>
	<b>Robotics in Infertility- what are the advantages?</b>
01.00 pm - 02.00 pm	<b>Lunch</b>
02.00 pm - 03.00 pm	<b>Session-4 Panel Discussion on Medico-legal issues in gynae surgeries.</b>
03.00 pm - 05.00 pm	<b>Session-5 Video workshop continued</b> 15 x 6
	<b>Septal Resection &amp; Metroplasty</b>
	<b>Asherman Adhesiolysis</b>
	<b>Tubal cannulation</b>
	<b>Hysteroscopic Adenomyocystectomy</b>
	<b>Hysteroscopic myomectomy</b>
	<b>Evaluation of endometrium by hysteroscopy</b>

05.30 pm onwards Inauguration

09.00 am - 05.00 pm

## Gynaec Ultrasound Workshop - B

Timings	Session
	<b>Theme: The World of Sonology for a Gynaecologist</b>
09.00 am - 10.00 am	<b>Session-1 Guest Lectures</b> 15 x 3 + 15
	<b>Theme: Ensuring optimal reporting and correct interpretation</b>
	<b>Thickened endometrium!</b>
	<b>Ensuring correct reporting for myometrial diseases</b>
	<b>Fibroid, Adenomyosis, Adenomyoma</b>
	<b>Mullerian Anomaly! Which one?</b>
	<b>Interaction</b>

Timings	Session
10.15 am - 11.15 am	<b>Session-2 IOTA Rules</b>
	Terms and Models
	Case scenarios
	Interaction
11.15 am - 12.00 noon	<b>Session-3 Guest Lectures - Towards finer details: must report situations</b>
	Isthmocolle
	Deep Endometriosis
	EMV - Enhanced myometrial Vascularity
12.00 pm - 01.00 pm	<b>Session-4 Panel Discussion on Usg in Infertility (including cases)</b>
	Topics covered: Initial evaluation, ovarian reserve, tubal factor:
	Hydrosalpinx, Sonosalpingogram, endometrium, folliculometry,
	luteal phase, blood flow studies, OHSS etc
01.00 pm - 02.00 pm	<b>Lunch</b>
02.00 pm - 03.00 pm	<b>Session-5 Panel discussion: Solving Dilemmas for early pregnancy situations</b>
	Topics included: POC, Ectopic, GTD, CS pregnancy, evaluating miscarriages, ovarian haemorrhagic cysts, etc
03.00 pm - 05.00 pm	<b>Session-6 Ultrasound - 3D &amp; 4D session</b>

05.30 pm onwards Inauguration

**09.00 - 01.00 pm**

**Preventive Oncology workshop - C**

Timings	Session
	<b>Theme : It is Time to end Cervical Cancer !</b>
	<b>Session - 1 Strategies in prevention-one step at a time 15 x 4 + 15</b>
	Primary prevention through vaccination
	Latest guidelines for screening
	Standard Reporting protocol (IFCPC, Swede)
	Recent advances: Use of AI in diagnosis
	Interaction
10.15 am - 11.15 am	<b>Session - 2 Treating precancerous lesions-catch them early</b>
	<b>Procedural video sessions 12 x 4 + 12</b>
	Steps of colposcopy
	Thermal Ablative technique
	Cryotherapy
	LEEP/LLETZ
	Interaction
11.15 am - 12.00 noon	<b>Session-3 Stump the Experts</b>
	Interesting case scenarios on CIN 1, 2, 3, etc.,

Timings	Session-4
12.00 pm - 01.00 pm	<b>Panel Discussion</b>
	Case based discussion on evaluation and management of screen positive, ASCUS, AGUS, CGIN cases, see and treat, screen and treat, and Strategies for improving access to screening / treatment services, etc.,
01.00 pm - 02.00 pm	<b>Vote of Thanks &amp; LUNCH</b>

### 02.00 - 05.00 pm Aesthetic Gynaecology with functional medicine Workshop-D

02.00 pm - 02.40 pm	<b>Session-1 Introduction</b> 15 x 2 + 10
	Positioning Aesthetic Gynecology in everyday practice
	Setting up of a Cosmetic Gynaecology clinic
02.40 pm - 03.50 pm	<b>Session-2 Video Workshop</b> 15 x 4 + 10
	Theme: Role of Energy Based devices in Functional medicine
	Er YAG Laser
	CO2 Laser
	Pelvic Rehabilitation Therapy
	HIFU & HIFEM
03.50 pm - 04.20 pm	<b>Session-3 Regenerative Medicine Video workshop</b>
	Role of PRP in Gynaecology 20 + 10
04.20 pm - 04.55 pm	<b>Session-4 Role of PRP in Aesthetic Gynecology revisited</b> 15 x 2 + 5
	Sexual enhancement procedures
	Surgical Aesthetic procedures
04.55 pm - 05.00 pm	<b>Vote of Thanks</b>

05.30 pm onwards Inauguration

Timings	Session-1
08.00 am - 09.00 am	<b>Breakfast Session - RTMs</b>
Table - 1	"Primary Ovarian Insufficiency"
Table - 2	PCOS in Adolescents
Table - 3	Management of RPL due to Autoimmune/infective disorders
09.00 am - 10.00 am	<b>Session-2</b> 12 x 4 + 12
	Parenteral iron therapy
	Newer MHT- old wine in a new bottle
	Tackling Premenstrual syndrome and PMDD
	Management of Borderline ovarian tumours in young females
	Interaction



Timings	Session-3
10.00 am - 11.00 am	<b>Keynote addresses</b> 18 x 3 + 6
	<b>Why is Preterm Birth still high?</b>
	<b>Pre conceptional nutrition care: what more can be done?</b>
	<b>MMR in India- how have we fared?</b>
11.00 am - 12.00 pm	<b>Session-4 Panel discussion on Ectopic Pregnancy</b>
12.00 pm - 01.00 pm	<b>Session-5 Presidential Oration</b>
01.00 pm - 02.00 pm	<b>Lunch</b>
02.00 pm - 03.00 pm	<b>Session-6 Panel discussion on Chronic Pelvic Pain</b>
03.00 pm - 04.00 pm	<b>Session-7 Practices driven by STI, RTI, FGTB</b> 15 x 3 + 15
	<b>EVTHS (Latest Government guidelines)</b>
	<b>Genital Tuberculosis - Treatment and preventive services in India</b>
	<b>HIV discordant couple</b>
	<b>Interaction</b>
04.00 pm - 05.00 pm	<b>Session-8 Panel discussion</b>
	<b>RTM: SRH for adolescent youth, POCSO, vulnerable communities,</b>
	<b>LGBTQ, CSW, migrants, etc</b>
	<b>Valedictory</b>

Timings	Session-1
08.00 am - 09.00 am	<b>Breakfast Session</b>
Table - 1	<b>Management of thyroid problems across reproductive ages</b>
Table - 2	<b>Fine tuning pharmacotherapy for GDM</b>
Table - 3	<b>Newer medical options for Endometriosis</b>
09.00 am - 10.00 am	<b>Session-2 New Developments</b> 12 x 4 + 12
	<b>Managing Endometrial hyperplasia in the young</b>
	<b>Female sexual dysfunction: complexity to clarity</b>
	<b>Her health after delivery and beyond</b>
	<b>Judicious use of screening for early diagnosis of Breast cancer</b>
	<b>Interaction</b>
10.00 am - 11.00 am	<b>Session-3 Keynote addresses</b> 18 x 3 + 6
	<b>Understanding Endocrine disruptors</b>
	<b>Obese PCOS: challenges and solutions</b>
	<b>Regenerative therapy in reproduction</b>

Timings	Session
11.00 am - 12.00 pm	Session - 4 <span style="float: right;">15 x 3 + 15</span>
	Medical management of Fibroids
	Endometriosis Fertility Index
	Newer molecule for severe HDP
12.00 pm - 01.00 pm	Session - 5 Presidential Oration - Hall - A
01.00 pm - 02.00 pm	Lunch
02.00 pm - 03.00 pm	Session - 6 Panel discussion on Fertility preservation
03.00 pm - 04.00 pm	Session - 7 <span style="float: right;">15 x 3 + 15</span>
	Perinatal Mental Health
	Recurrent Adolescent endometriosis
	PPIUCD - challenges and success stories
04.00 pm - 05.00 pm	Session - 8 Panel discussion on “save abortion, saves lives”
	Valedictory



**LAST DATE  
SUBMISSION**  
5<sup>th</sup> June, 2024

**ACCEPTANCE  
NOTIFICATION**  
17<sup>th</sup> June, 2024

**Conference registration is mandatory for abstract submission**

**ABSTRACT  
THEMES**

- Free Paper:**
- Communicable Diseases
  - Non-Communicable Diseases
  - Maternal Morbidity and Mortality
  - Conservative management of AUB
  - Miscellaneous

- Poster:**
- Adolescent Sexual reproductive Health
  - Safe Abortion Services
  - Contraception and FP
  - Menstrual health and Hygiene
  - SRHR for LGBT community
  - Miscellaneous

Free paper will be conducted online before conference. The dates will be intimated to you along with the acceptance notification by email.

Poster presentation will be conducted offline on Conference day (30th)

For Registration click below the link

email: abstractfempowerblr@gmail.com



**Kindly Note:**

- Conference registration is mandatory for attending workshop
- One delegate can register only for one workshop
- One delegate for only one Breakfast Session
- Spot registration does not guarantee delegate kit / Certificate
- Accompanying persons have access to delegate kit /trade/food only

## FOGSI MEMBERS

Workshops	Workshop registration fees	Workshop + Conference Early Bird closes on 25th May 2024	Workshop + Conference Second Slab 26th May – 15th June 2024	Workshop + Conference Third Slab 16th June – 27th June
A - Fertility Enhancing Workshop	Rs. 3540/-	Rs. 7670/-	Rs. 8850/-	Rs. 10,030/-
B - US Workshop + 3D /4D	Rs. 4720/-	Rs. 8850/-	Rs. 10,030/-	Rs. 11,210/-
CD - Preventive Oncology + Aesthetic Gynaecology	Rs. 3540/-	Rs. 7670/-	Rs. 8850/-	Rs. 10,030/-
Conference Only		Rs. 4130/-	Rs. 4720/-	Rs. 5310/-

## POST GRADUATE MEMBERS

Workshops	Workshop registration fees	Workshop + Conference Early Bird closes on 25th May 2024	Workshop + Conference Second Slab 26th May – 15th June 2024	Workshop + Conference Third Slab 16th June – 27th June
A - Fertility Enhancing Workshop	Rs. 2950/-	Rs. 6490/-	Rs. 7670/-	Rs. 8850/-
B - US Workshop + 3D /4D	Rs. 4130/-	Rs. 7670/-	Rs. 8850/-	Rs. 10,030/-
CD - Preventive Oncology + Aesthetic Gynaecology	Rs. 2950/-	Rs. 6490/-	Rs. 7670/-	Rs. 8850/-
Conference Only		Rs. 3540/-	Rs. 4130/-	Rs. 4720/-

## NON MEMBERS

Workshops	Workshop registration fees	Workshop + Conference Early Bird closes on 25th May 2024	Workshop + Conference Second Slab 26th May – 15th June 2024	Workshop + Conference Third Slab 16th June – 27th June
A - Fertility Enhancing Workshop	Rs. 4130/-	Rs. 8850/-	Rs. 10,030/-	Rs. 11,210/-
B - US Workshop + 3D /4D	Rs. 5310/-	Rs. 10,030/-	Rs. 11,210/-	Rs. 12,390/-
CD - Preventive Oncology + Aesthetic Gynaecology	Rs. 4130/-	Rs. 8850/-	Rs. 10,030/-	Rs. 11,210/-
Conference Only		Rs. 4720/-	Rs. 5310/-	Rs. 6490/-

**Breakfast Session – Rs. 767/- ( incl Taxes) ( 20 delegates per table only)**

## Hotel Tariffs:

**Hotel The Capitol – (Venue - Rajbhavan Road, Bengaluru )  
(Special pricing for conference)**

**2pm check-in and 12noon check-out**

**Single Occupancy – 3800/- + taxes per day**

**Double Occupancy – 4800/- + taxes per day**

Other  
hotels nearby:

- **Ashraya International Hotel** (0.1 miles from the venue )  
49, Infantry Road - Dr Ambedkar Rd Opp.  
To Police Commissioner Office,
- **JP Cosmos Hotel** ( 0.5 miles from the venue)  
No. 49, Cunningham Crescent Road Behind Fortis Hospital, Bengaluru
- **Shangri-La Hotel** (0.8 miles from the venue)  
Palace Road, Bengaluru
- **Radisson blu Atria** (0.6 miles from the venue)  
1 Palace Road, Bengaluru
- **The Lalit Ashok**  
Kumarakrupa Rd Opposite Golf Club, High Grounds, Bengaluru
- **The Chancery** (0.6 miles from the venue)  
10/6 Lavelle Road, Bengaluru
- **Taj West End** ( 0.6 miles from the venue)  
Race Course Road High Grounds, Bengaluru
- **Citrus Hotel Cunningham** (0.3 miles from the venue)  
34 Cunningham Road, Bengaluru

EMPOWERING WOMEN,  
NURTURING THEIR FUTURE.

**FOGSI-BSOG**