



Optimizing Obstetric Outcome



6th-7th, July 2019

Venue: Le Meridien, Bengaluru

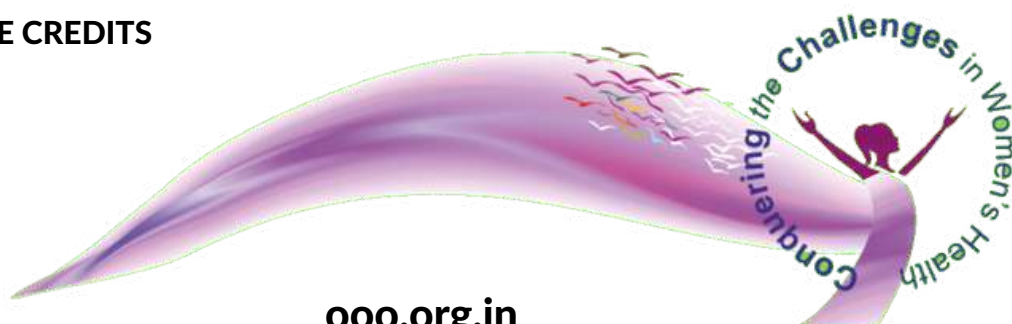
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ICOG

4

KMC

CME CREDITS



ooo.org.in

Welcome Message by President



Dr. Nandita Palshetkar
President, FOGSI

On behalf of FOGSI, I am pleased to invite you for this very special conference "Optimizing Obstetric Outcome". Safe pregnancy is every woman's right and that's why it is important for us to know how best we can optimize the entire experience for our women. Join us in Bengaluru on 6th and 7th of July and savor the great hospitality from our garden city.

Welcome Message by Chairpersons

Dear Fogsians,

Greetings from Bengaluru Society of Obstetrics & Gynaecology!

It gives us immense pleasure to invite you to the specialty conference "Optimizing Obstetric Outcome" scheduled on 6th & 7th of July, 2019, at Le Meridien, Bengaluru. A scientific feast, meticulously planned and presented, awaits you. Faculty of national and international repute will be delivering talks on issues, practical and relevant to all Obstetricians. Innovative round table discussions, "Chai Pe Charcha" have been planned where delegates can interact informally with renowned faculty. Not to be missed, in sync with our Theme, a unique, first of its kind, Leadership Summit, has been crafted on the 6th evening, where lessons learnt from Kerala in reducing Maternal Mortality will be presented by stalwarts. Dear friends, lots to learn and more to execute. Apart from the rich scientific bonanza, the warm hospitality and great weather of Bengaluru in July beckons you. We are supremely confident that participation will significantly benefit all in their daily practice and contribute enormously to the upliftment of women's health.

We eagerly look forward to welcoming you all in person in namma Bengaluru!



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Organizing Chairperson



Dr. R. Nagarathamma
Organizing Chairperson
President, BSOG (2019-20)

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Perinatology Committee	Dr. Vaishali Chavan

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Dr. Jyothi GS
Dr. Aruna Muralidhar

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Chai Pe Charcha

MEET THE EXPERTS OVER A CUP OF HOT TEA
AND BREAKFAST

Interact, Learn, Update, and share your Experience

Check the scientific program and enroll your name to get a seat

5 parallel sessions : choose any one

- **Reinforcing the Sepsis Bundle | Dr Tushar Kar, Dr Sadhana Gupta, Dr Saswati Sanyal**
- **Prevent, Predict and Handle PPH - *the final frontier* | Dr Sheela Mane, Dr Mandakini Megh, Dr Bellad, Dr Archana Verma**
- **Newer Inroads into Obstetric Drug Therapy | Dr Suvarna Khadilkar, Dr Vidya Thobbi, Dr Girija Wagh**
- **Balancing Thyroid in Pregnancy | Dr Prateik Tambe, Dr Vageesh Aiyar**
- **Anticoagulants in pregnancy - *Optimal use* - Dr Jayam Kannan, Dr Geetha Balsarkar, Dr Vinieta Divekar**

Registration complimentary with conference registration

SHIRODKAR HALL OPERATIVE OBSTETRICS

National Convenors - *Dr Ajit Virkud & Dr Ameya Purandare*

8.15 – 11.30 am | Session 1
Facilitating Vaginal Birth

- External Cephalic Version
- Internal Podalic Version
- Ultrasound in Labour
- Intrapartum Fluid Management
- Partogram today
- Shoulder Dystocia
- Forceps delivery
- Vacuum delivery

KRISHNA MENON HALL FETAL GROWTH RESTRICTION

National Convenors - *Dr S Suresh & Dr Mandakini Pradhaan*

8.15 – 10.15 am | Session 1
Early Onset FGR – Implications

- Welcome and scope of the Workshop
- Dating the pregnancy - *follow the rules*
- Defining Normal fetal growth- *how to assess?*
- Early onset fetal growth restriction - *Identification & Natural history*
- Customizing fetal growth - *how does it benefit?*
- Investigating Early onset FGR - *How far should we go?*
- Doppler in FGR - *Staging and applicability in practice?*
- Interaction

10:15 - 10:30 am | Coffee Break

10.30 am -11.30 am

- Epidural for all?
- Painless birth: Alternative path ways
- Water Birth
- Managing Traumatic PPH
- Interaction

11.30 – 1.15 pm | Session 2
Perineal Birth Trauma- Conserving, repairing and restoring perineal health

- The Asian Perineum- *is it different?*
- Place of Restrictive Episiotomy
- Techniques during the second stage of labour for reducing perineal trauma - *do they work?*
- Sphincter& Levator Injuries - *Endo-anal ultrasound reveals all*
- Restoring pelvic health Postpartum - *the game changer*
- Repairing 3rd and 4th degree tears - *The Optimal Technique*
- Interaction

10.30 am -12.30 pm | Session 2
Late onset FGR : Dilemmas in diagnosis & management

- Late onset IUGR, definition & identification
- Late onset IUGR - Doppler in decision making - *the right approach*
- When and How to deliver?
- Growth restriction in MC twins - *is it different?*
- Fetal growth restriction - *does aspirin help?*
- Fetal growth restriction - *Does maternal nutrition & supplements help?*
- Neurodevelopmental outcome following FGR
- Interaction

12.30– 1.15 pm | Session 3
Panel Discussion | A rational approach to managing FGR

Scientific Program

6th JULY 2019

SHIRODKAR HALL

KRISHNA MENON HALL

2.00 - 2.45 pm

Symposium – Preconception Care- “What is recommended, what is feasible?”

- Medication History - **Setting things right**
- Screening for Infections and more - **Protecting the unborn**
- Preconception counselling - **as elusive as ever**
- Interaction

2.00 - 2.45 pm

Symposium-First Trimester Care - “Catch them young”

- EPU- Focussed care
- Biochemical Screening in 1st Trimester
- Abnormal Ultrasound signs and their portent
- Interaction

Plenary Session [Shirodkar Hall]

International Speaker: Dr. Diago Ayres

2.45 – 3.15 pm

Intrapartum fetal surveillance: A fresh look

3.15 - 4.15 pm

Symposium – HIP

- Metabolic changes- in normal pregnancy and in GDM
- Glycemic variability and frequency of monitoring
- Insulins - **which and when?**
- Preventing obstetric complications
- Interaction

3.15 - 4.15 pm

Optimizing Caesarean Section rates - “A cut made much too often”

- Robson’s criteria: **does it need modification?**
- CDMR- **a justified indication?**
- The truth about Caesarean rates today
- Towards increasing acceptance of TOLAC
- Interaction

4.15 - 5.15 pm

Panel Discussion – Infections in Pregnancy - “Spikes and Spots”

4.15 - 5.15 pm

Panel Discussion – RPL - Improving outcome

5.15 – 5.30 pm- Tea Break

5.30 – 6.00 pm - Inauguration

6.00 - 8.30 pm - Leadership Summit

MMR in India - **Dr Revathy Janakiram**

Confidential Review of Maternal deaths in Kerala - **the past and the present** - **Dr V P Paily**

Observation of CRMD in Kerala- **Dr Sekharan**

Confidential Near Miss Review - **can it work?** **Dr Rajsekharan Nair**

Panel Discussion - **Anaemia and Nutrition**

8:30 pm onwards **Gala Dinner**

Scientific Program

7th JULY 2019

SHIRODKAR HALL

KRISHNA MENON HALL

8.00 - 9.00 am

Chai Pe Charcha

- Reinforcing the Sepsis Bundle
- Prevent, Predict and Handle PPH - *the final frontier*
- Newer Inroads into Obstetric Drug Therapy
- Balancing Thyroid in Pregnancy
- Anticoagulants in pregnancy - *Optimal use*

8.00 - 9.00 am

FREE PAPERS

**Last Date of
Abstract
Submission is
30th May,
2019**

9.00 - 10.00 am

Symposium

Optimizing outcome in HDP - *the eternal conundrum*

- Prediction and Prevention
- Full Piers model in optimizing outcome
- Anti-Hypertensives- *when and what?*
- Challenges in delivery
- Interaction

9.00 - 10.00 am

Symposium

Preterm Labour - *"Born too soon"*

- Prediction of PTL- *Evidence so far*
- Emerging concept of the CARE Bundle
- Reducing Multiple pregnancy in ART- *the iatrogenic contribution*
- Pharmacotherapy in PTL- *how effective?*
- Interaction

10.00 - 11.00 am

Panel Discussion

Haematological Disorders in Pregnancy

10.00 - 11.00 am

Panel Discussion

Induction of Labour - *Scripting success*

11.00 - 11.15 am- Coffee Break

Plenary Session [Shirodkar Hall]

Presidential Oration - Dr. Nandita Palshetkar

11.15 - 11.45 am

Respectful Maternal Care

11.45 am - 12.45 pm

Keynote Addresses

- Can Progesterone salvage pregnancy?
- Optimizing Labour and Birthing Positions

11.45 am - 12.45 pm

Keynote Addresses

- Role of Obstetric HDU/ICU in Optimizing Obstetric Outcome
- Difficult delivery in second stage CS

SHIRODKAR HALL

KRISHNA MENON HALL

12.30 - 1.00 pm

Perinatal Psychiatry

- Antenatal Screening for psychiatric problems
- Perinatal Mental Health and Neurocognitive disorders in children
- Interaction

1.00 - 1.15 pm

Newborn Screening - *what is optimal?*

12.30 - 1.00 pm

Snippets

- Brain sparing effect - *Boon or Bane?*
- Cord Blood analysis - *Medicolegal impact*
- NIPT
- Interaction

1.00 - 1.15 pm

Fetal Echo - *an insight into the fetal heart*

1.15 - 2.00 pm- Lunch

2.00 - 2.15 pm- Valedictory

2.15 - 4.15 pm

Video Session

- Fetal Therapy - *widening horizons*
- Abdominal cerclage
- Laser coagulation in Monochorionic Twins
- Fetal reduction
- Stepwise Devascularisation
- Major degree Placenta Previa - Dutta's innovation
- Intrauterine Transfusions
- Uterine artery ligation from the vaginal route
- Caesarean Hysterectomy
- Managing Adherent Placenta
- Interaction

4.15 - 5.15 pm

Panel Discussion**Critical Care in Obstetrics**

2.15 - 4.15 pm

Melange

- Immunization in pregnancy- *new recommendations*
- Why we have failed to treat anaemia?
- Placenta Accrete Spectrum- *the rising spectre*
- The Obese Gravida - *Obstetrician's despair*
- Antibiotic stewardship in pregnancy
- First Trimester bleeding in ART Pregnancy
- Saving a Hydrops fetus
- Fine tuning care of the Epileptic gravida
- Prolonged Pregnancy
- Interaction

4.15 - 5.15 pm

Panel Discussion**Court Dialogues - *lessons to be learnt***

5:15 pm - National Anthem

5.30 pm- Tea

Proposed Faculty

DR. ADINARAYANA MAKAM
DR. AJIT VIRKUD
DR. ALKA PANDEY
DR. ALOK SHARMA
DR. ALPESH GANDHI
DR. AMBIGAIMEENA
DR. AMBUJA C
DR. AMEYA PURANDARE
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Abstract Submission Open

ABSTRACT SUBMISSION GUIDELINES FOR POSTERS AND PAPERS

- Only registered delegates/PGs of the Conference are allowed to submit the Abstract for Papers & Posters.
- The abstract for the paper/poster needs to be restricted to not more than 300 words.
- The first author will be the contact person for all the correspondence regarding the presentation. The theme of the presentation should be relevant to "Optimising Obstetric Outcome."
- All submissions will be acknowledged by email. Kindly provide your current working e-mail ID along with Mobile number.



**Last Date 30th
May**

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on 30th May**

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Workshop = Rs 2220

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