## WHO LABOUR CARE GUIDE

Name

Parity Labour onset Active labour diagnosis [Date Ruptured membranes [Date Time ] Risk factors Time Hours **ACTIVE FIRST STAGE** SECOND STAGE ALERT SUPPORTIVE CARE Companion Ν Pain relief N Oral fluid N Posture SP Baseline FHR <110, ≥160 FHR deceleration Amniotic fluid M+++, B BABY Fetal position P, T Caput +++ Moulding +++ <60, ≥120 Pulse Systolic BP <80, ≥140 Diastolic BP ≥90 <35.0, Temperature °C ≥ 37.5 Urine P++, A++ Contractions ≤2, >5 per 10 min Duration of <20, >60 contractions 10 9  $\geq 2h$ In active first stage, plot 'X' to record cervical dilatation. Alert Cervix 8 ≥ 2.5h LABOUR PROGRESS [Plot X] triggered when lag time for ≥ 3h current cervical dilatation is exceeded with no progress. In second stage, insert 'P' to indicate 6 ≥ 5h 5 ≥ 6h when pushing begins. 5 4 3 Descent [Plot O] 2 1 0 Oxytocin (U/L, drops/min) MEDICATION Medicine IV fluids SHARED DECISION-MAKING ASSESSMENT PLAN INITIALS

INSTRUCTIONS: CIRCLE ANY OBSERVATION MEETING THE CRITERIA IN THE 'ALERT' COLUMN, ALERT THE SENIOR MIDWIFE OR DOCTOR AND RECORD THE ASSESSMENT AND ACTION TAKEN. IF LABOUR EXTENDS BEYOND 12H, PLEASE CONTINUE ON A NEW LABOUR CARE GUIDE.